**Program:** Kinesiology  
**Major:** Kinesiology - Outdoor and Community Recreation  
**Dept:** Kinesiology and Health Studies  
**College:** Education and Professional Studies  
**Degree:** Bachelor of Science (B.S.)  
**Major Code:** 3122

### University Core (Total Listed 42-44)

Specific courses within the University Core are listed on pages 96-97.

- **Written and Oral Communication** .................................................. 9
- **Quantitative Reasoning/Scientific Method** .................................. 10-11
  - Math ........................................................................... 3
  - Life Science ................................................................. 4
  - Physical Science ......................................................... 3-4
- **Critical Inquiry and Aesthetic Analysis** ......................................... 6
  - Aesthetic Analysis ....................................................... 3
  - Critical Inquiry .......................................................... 3

#### Major Requirements

**Kinesiology - Outdoor and Community Recreation** ........................................... 76

#### Required Core ................................................................................. 24

**Required Courses:**
- HLTH 1112 Healthy Life Skills
- HLTH 2212 First Aid with Cardiopulmonary Resuscitation
- HLTH 4103 Human Development
- KINS 2643 Introduction to Kinesiology Studies
- **KINS 3403 Principles in Leadership Development**
- KINS 3623 Program Design and Management
- KINS 3713 Research and Evaluation
- KINS 4252 Legal Aspects of Leisure Services and Fitness Programs
- KINS 4433 Management Principles

**Required Theory (Additional Recreation courses)** ........................................ 36

**Required Courses:**
- HLTH 3223 Applied Anatomy
- HLTH 3453 Group Dynamics
- HLTH 4523 Health and Aging
- REC 2402 Outdoor Recreation
- REC 2433 Outdoor Pursuits
- REC 2812 Camp Administration and Programming
- REC 3433 Community Recreation
- REC 3513 Facility Management
- REC 3702 Wilderness First Aid
- REC 3803 Tourism and Recreation
- REC 4363 Therapeutic Recreation
- **REC 4900 Practicum in Recreation (2 hours)**
- REC 4950 Internship in Recreation (4 hours)

**American Historical and Political Analysis** ............................................ 6
- American National Government ......................................................... 3
- American History ............................................................................. 3

**Cultural and Language Analysis** ....................................................... 3-4
- Second Language ............................................................................. 4
- Cultural Analysis ............................................................................. 3

**Social and Behavioral Analysis** ......................................................... 3

**Life Skills** .......................................................................................... 5
- Required Health Course ................................................................. 2
- Elective Life Skills ............................................................................. 3

**Electives - Selected from the following courses** ......................................... 6
- ENG 4023 Technical Writing
- FIN 3513 Risk Management for the Firm
- MCOM 2193 Principles of Public Relations
- MGMT 3313 Human Resource Management
- OCTE 4742 Health Issues for Older Adults
- SFTY 3433 Introduction to OSHA
- SOC 3103 Juvenile Delinquency
- SOC 3403 The Family
- SOC 4053 Sociology of Aging

**Electives to bring total to** .................................................................... 124

#### Minimum Grade Requirements

1. Average in all college course work and course work at UCO .................. 2.00
2. In courses in the major ........................................................................ “C”

For other regulations pertaining to graduation, see pages 67-68 of the 2017-2018 catalog.