Preventive Health Coverage at 100%

Your health care benefits through Blue Cross and Blue Shield of Oklahoma may provide certain preventive health services paid at 100 percent, with no copayment, deductible or coinsurance on your part, when using a network provider. For details on how these benefits apply to your coverage and the most up-to-date list of covered services, call the Customer Service number listed on your member ID card.

Covered Preventive Care Items/Services

Children and Adolescents

Newborns
- Screening for hearing loss, hypothyroidism, sickle cell disease and phenylketonuria (PKU)
- Gonorrhea preventive medication for eyes

Immunizations
- Diphtheria, Tetanus, Pertussis
- Haemophilus influenzae type B
- Hepatitis A and B
- Human Papillomavirus (HPV)
- Influenza (Flu)
- Measles, Mumps, Rubella
- Meningococcal
- Pneumococcal (pneumonia)
- Inactivated Poliovirus
- Rotavirus
- Varicella (chickenpox)

General Health Screenings
- Medical history for all children throughout development
- Height, weight and Body Mass Index (BMI) measurements
- Developmental screening
- Autism screening
- Behavioral assessment
- Visual acuity screening
- Oral health risk assessment
- Hematocrit or hemoglobin screening
- Obesity screening and weight management counseling
- Lead screening
- Dyslipidemia screening

- Tuberculin testing
- Depression screening
- Alcohol and drug use assessment
- Counseling to prevent sexually transmitted infections (STIs)
- Cervical dysplasia screening
- HIV screening

Adults

General Health Screenings
- Blood pressure screening
- Cholesterol screening
- Type 2 diabetes screening
- HIV and sexually transmitted infections (STIs) screenings

Cancer Screenings
- Breast cancer mammography
- Breast cancer chemoprevention counseling
- Cervical cancer pap test for women
- Colorectal cancer screenings including fecal occult blood testing, sigmoidoscopy or colonoscopy
- Prostate cancer (PSA) screening for men

Health Counseling
Doctors are encouraged to counsel patients about these health issues and refer them to appropriate resources as needed:
- Healthy diet
- Weight loss
- Tobacco use
- Alcohol misuse
- Depression
- Prevention of sexually transmitted infections (STIs)
- Use of aspirin to prevent cardiovascular disease
**Immunizations**
- Hepatitis A and B
- Herpes Zoster
- Human Papillomavirus (HPV)
- Influenza (Flu)
- Measles, Mumps, Rubella
- Meningococcal
- Pneumococcal (pneumonia)
- Tetanus, Diphtheria, Pertussis
- Varicella (chickenpox)

**Men**
- Abdominal aortic aneurysm one-time screening

**Women**
- Osteoporosis screening
- Chlamydia infection screening
- Gonorrhea and syphilis screening
- BRCA counseling about genetic testing

**Pregnant Women**
- Anemia screening for iron deficiency
- Tobacco cessation counseling
- Syphilis screening
- Hepatitis B screening
- Rh incompatibility blood type testing
- Bacteriuria urinary tract infection screening
- Breastfeeding education

¹ These include:
- Evidence-based items/services rated A or B in the current recommendations of the U.S. Preventive Services Task Force (ahrq.gov)
- Routine immunizations for children, adolescents and adults recommended by the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention (cdc.gov/vaccines)
- Evidence-informed preventive care and screenings for infants, children and adolescents in the comprehensive guidelines of the Health Resources and Services Administration (hrsa.gov)
- Evidence-based preventive care and screenings for women described in the comprehensive guidelines of the Health Resources and Services Administration (hrsa.gov)

*This information is a high-level summary and for general informational purposes only. The information is not comprehensive and does not constitute legal, tax, compliance or other advice or guidance.*