UCO DOWNTOWN OPENS FOR ITS INAUGURAL SEMESTER

The doors of UCO’s newest learning space, UCO Downtown, recently opened for its inaugural semester. Located in the Lower Level of the historic Carnegie Centre at 131 Dean A. McGee Avenue in downtown Oklahoma City, UCO Downtown provides learning opportunities that may be more conveniently located to an attendee’s work or home.

UCO Downtown is not just “another UCO campus”; instead, it is a shift away from a “traditional university campus” to be a collaborative urban learning space as part of a vibrant metropolitan environment.

The learning space offers user-friendly, state-of-the-art technology in its presentation stations and was designed to address maximum flexibility with highly adaptive furniture in each classroom component. This location is staffed by knowledgeable and friendly techceptionists and houses 6 transformative classrooms and 4 collaboration areas.

Whether a community member or a traditional UCO student, one could start their day with a yoga class, attend a traditional class back on campus via Interactive Video Course technology, stop in for a lunch-and-learn given by a visiting lecturer on a topic relevant to our expanding metropolitan area, attend a credit or non-credit course in the late afternoon on their way home from work, and end the day with finishing their Master’s work in a facility designed to function for the working adult – and all these accommodations are met in one day, in the same learning space!

The Center for eLearning and Customized Education (CeCE) continuously works to build partnerships with downtown businesses to offer non-credit courses, certificates/certifications, conference management, and customized partnerships for UCO Downtown. The learning space will be used for scheduled credit courses, Customized Education offerings, and available for rent to the public.

Enthusiastic enjoyment has been the feedback from instructors and students alike. This new UCO Downtown learning space is full of exciting and limitless possibilities and is proving to be a successful stride in the advancement of the university’s strategic direction and initiatives.
### Professional Development Department

Would like to celebrate the accomplishment of Brandon A. Reede. He is the first UCO employee to complete not only one, but two of our new Learning Track Programs. Brandon, an outstanding student leader and student employee in the College of Liberal Arts, completed the Accounting, Budgeting, and Finance track and the Administrative & Support Professionals track, in record time.

The new Learning Track Program is designed to provide UCO faculty, staff and student employees with self-directed learning experiences in 10 key areas. Employees can select from a list of online and instructor-led courses to meet their specific development needs. There is even a Create-Your-Own Learning Track option. To find out more about the Learning Track Certificate Program, visit the Programs tab of the Professional Development department website or use the following link: [http://www.uco.edu/administration/professional/programs/learning-trackscertificate-programs.asp](http://www.uco.edu/administration/professional/programs/learning-trackscertificate-programs.asp)

### New Broncho Staff Members Hired in February

<table>
<thead>
<tr>
<th>Name</th>
<th>Department</th>
</tr>
</thead>
<tbody>
<tr>
<td>Austin Borjas</td>
<td>Data Processing I</td>
</tr>
<tr>
<td>Katherine Brown</td>
<td>Admissions Specialist</td>
</tr>
<tr>
<td>Summer Galbraith</td>
<td>Data Processing I</td>
</tr>
<tr>
<td>Megan Gatlin</td>
<td>Accounting Clerk I</td>
</tr>
<tr>
<td>Michael Liskey</td>
<td>Asst Dir for Facilities/Oper</td>
</tr>
<tr>
<td>James Lowrey</td>
<td>Security Technology Coord</td>
</tr>
<tr>
<td>Thomas Poston</td>
<td>App Admin II—ECMS</td>
</tr>
<tr>
<td>Anita Schroeder</td>
<td>Accounting Clerk II</td>
</tr>
<tr>
<td>Bobbi Tehrani</td>
<td>Administrative Specialist I</td>
</tr>
<tr>
<td>Jami Vrbenec</td>
<td>Grant Accountant II</td>
</tr>
<tr>
<td>George Wheelan</td>
<td>General Maint I—Housing</td>
</tr>
<tr>
<td>Megan Whobrey</td>
<td>Retention Specialist</td>
</tr>
</tbody>
</table>

*Broncho Beat wants to celebrate with you! Email Broncho Brag submissions to [jstanford1@uco.edu](mailto:jstanford1@uco.edu). All announcements are subject to editing and publication.*
STAFF SENATE ELECTION SEASON

Josh Stone, Asst Dir Trans & Parking

The University of Central Oklahoma Staff Senate is in the beginning stages of election season for 2015-2016. Nominations were accepted for the eight open seats during February and divisions will soon vote on who their representatives should be. The eight divisions with open seats are:

- Academic Affairs – 3 open seats
- Administration – 1 open seat
- Faculty – 1 open seat
- Athletics – 1 open seat
- Student Affairs – 1 open seat
- UCO Foundation/Kinders/Legal/Alumni – 1 open seat

Each individual in divisions with an open seat will be given the chance to vote. The Staff Senate will soon be issuing instructions on how to vote, deadlines, etc. Keep an eye on Centralities and the UCO Staff Senate website for up-to-date information on elections and the goings-on of the Staff Senate.

ANNUAL UCO TLC CONFERENCE

Jody Horn, Asst Dir CETTL

The annual UCO Transformative Learning Conference is being held March 26-27, 2015. This year it will be off site at the Embassy Suites at the OU Health Science Center. The Pre-conference workshop with Harvard's Eric Mazur & Conference Day is at a Post UCO Early-Bird Discount of $180 and the Conference Day is $135. There are only 19 of these discounts left for UCO employees.

The 2015 Transformative Learning Conference challenges participants to demonstrate evidence-based classroom practices. Transformative learning, integrative learning, interdisciplinary learning, and holistic learning are prominent approaches in current college teaching and learning practice. Since 2009, The University of Central Oklahoma formalized a campus-wide transformative learning initiative in both curricular and co-curricular learning and has hosted conferences for several years.

Please contact Dr. Horn jhorn9@uco.edu for the discount code if you want to enroll. Registration cost is to cover the base meal & venue expenses. The conference is located off campus due to busy UCO venues & to serve registrants who are increasingly coming from institutions out of state and around the world.

SAVE THE DATE!

Employee Appreciation Day: Friday, March 6

We appreciate each of our UCO faculty, staff and student employees! Please join us on Friday March 6, 2015 from 2:00 - 4:00 for UCO Employee Appreciation Day. In addition to free drinks, ice cream and dessert bar this year, each employee who attends will receive a commemorative UCO@125 gift. Hope to see you there!
ACE (Administration Community Engagement) is a newly launched organization which evolved from the FALL group (Future Ambassadors of Leadership and Learning) which, in turn, evolved from the Department of Administration’s Monthly Management Meeting. The group had a kickoff meeting, on January 22, 2015, to introduce the newest and returning members to the reformatted organization. The purpose of the ACE Group (membership is open to any members of the Division of Administration & Finance) is to provide ongoing opportunities for volunteer and service activities, leadership, learning, networking, and engagement across campus in support of the overall mission of the University of Central Oklahoma.

The ACE Group, currently comprised of 32 members, is governed/led by an appointed group of eight leaders. Each selected coordinator will serve a two-year term with four coordinators rotating off of each year. Appointment as an ACE Group coordinator is based on having shown leadership skills, active participation, attendance at meetings, and having served above and beyond the previous year. The ACE Group coordinators are responsible for leading, organizing and delivering different types of volunteer and service activities to the larger group.

ACE LAUNCHED IN 2015

To learn more about the ACE group, please contact Tamra Kitsmiller at tkitsmiller@uco.edu.

DEBBIE PRICE, QUARTERLY EXCEPTIONAL PERFORMANCE AWARD

Debbie Price, Accounting Specialist for Student Financial Services, received the fiscal year’s second $500 Quarterly Exceptional Performance Award. Jay Corwin, Senior Associate Vice President, Academic Advisement Center, said about Debbie in her nomination letter, "Debbie is what UCO is known for: she is the personal touch, she is the friendly smile, and she is the one who can find a way to make educational goals become a reality."

Who will be our next award winner? Nominations for the January-March 2015 Quarterly award are currently being accepted.
REMINDER: PCARD USE FOR HOTELS/LODGING

Terrie Silvers, Asst Dir Purchasing

⇒ Only designated cardholders may make hotel transactions with their PCard’s for persons other than themselves. Cardholders may not pay for their own lodging expenses with their PCard.

⇒ PCard use is for individual employee travel only, usually for registration and hotel; airfare is purchased through the travel dept. Traveler’s documentation will show as a PCard direct pay. Travelers, however, should be prepared to provide a personal credit card at the time of hotel check-in to cover incidentals.

Reminder: All travel requirements still apply. A travel request or authorization must be on file with the Travel Dept., any expense in excess of conference or CONUS rates will require traveler reimbursement.

NOTE: All local hotel accommodations for incoming guests, ex. faculty candidate must be put on a requisition.

The following are required and recommended documents for the PCard holder’s file:

- Conference agenda with dates and designated lodging to include nightly rate; if lodging is not designated, attach CONUS rate for City & State.
- Lodging receipt showing total amount paid and zero balance.
- A copy of the traveler’s out-of-state travel request, or traveler’s reimbursement request, supporting the business purpose of travel.

EARLY BIRD REGISTRATION

Fran Petties, Mgr Training & Dev

EARLY BIRD REGISTRATION

Bullying in Higher Education Symposium for Faculty & Staff

Faculty: April 14, 2015    Staff: April 15, 2015

Research shows that bullying is more prevalent in higher education than it is in corporate America. With universities paying out over $5.9 M a year and possibility of one infraction along costing over $10 million dollars, institutions of higher education simply cannot afford the lasting effects of bullying.

In our efforts to understand and proactively prevent the negative impact of bullying, UCO’s Professional Development department along with the Center for Excellence in Transformative Teaching and Learning (CETTL) will be hosting a keynote/luncheon followed by an educational session on strategic ways to mitigate bullying.

12:30 p.m. -2:00 p.m. – Free Plated Lunch and Dr. Hollis Keynote-NUC Ballroom

Dr. Leah Hollis, author of Bully in the Ivory Tower, will reflect on her independent research and historical analogies to highlight everyone’s ability to create a work culture that support civility, productivity and inclusion. Her speech will not only offer insight to the impact of bullying in higher education, but also offer strategies for how each person can have a positive influence on their respective workspaces. Her keynote will be followed by a question and answer session.

2:15 p.m. - 3:15 p.m. - Educational Session on Strategic Ways to Mitigate Bullying-Carl Albert (NUC 300)

In this 60 minute workshop, Dr. Leah Hollis, author of Bully in the Ivory Tower, will reflect on workplace bullying issues in higher education, impact on individuals, and specific case studies on how individual staff and faculty dealt with being the target. This workshop is intended to offer specific solutions to help faculty and staff cope with a bullying boss or peer through presentation, dialogue, and case study.

Click Here to Register for the Faculty Event (4/14)

Click Here to Register for the Staff Event (4/15)

Click here for additional information
<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Amalia Gomez-Wilkinson Mary Miller Sandra Thompson Hong Zhu Sarah Moore Farhana Afrin Shae Bunas</td>
<td>Karl Nelson Weldon Wilson Terry French Edward Kabrick Kristi Key</td>
<td>Nathan Wilberg Angela Morris</td>
<td>Thomas Hancock Jennifer Foster Shea Ware</td>
<td>Lee Tyner Samantha Kramer</td>
<td>Brandon Burr Equilla Broders Ionquin Gomez Barbara Jones Dezzuracae Flynn</td>
</tr>
<tr>
<td>8</td>
<td>Amanda Horton Nicole Willard Deborah Jordan Larissa Boyd</td>
<td>Stephanie Tatum</td>
<td>James Crocny Andrew Shiers Wendy Larkmeyer</td>
<td>Amy Carvell Babandull Jasemmejad Patrick Dodigas Wendy Smoller Darrell Stinchcomb</td>
<td>MaryBarbara Lewis Patricia Louglin J Webster Jessica Masente</td>
<td>Thomas Westendorf Jeffrey Harpy</td>
</tr>
<tr>
<td>22</td>
<td>Cynthia Howard</td>
<td>Robert Doan Donald Mirell Crystal Davis Cook</td>
<td>Brittany Lee Pati Nothold</td>
<td>Michael Bond</td>
<td>David Thornsblad Susan Haller Sharon Kelling Elizabeth Cesswell Stephen Tyler</td>
<td>Merry Buchanan D Scaroe Patrick Conlon Teddy Jones Ashley Weingart</td>
</tr>
<tr>
<td>29</td>
<td>KaDee Bramlett Darren Dunham Jonathan Overrocker</td>
<td>Fallon Casteel Dana Duran Wesley Moreland Deborah Buenton</td>
<td>Kyle Brown Megan Lentigren</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

If you are an employee who would prefer not to have your name included in the birthday section of the Broncho Beat, please email cirwin3@uco.edu

**Course Title** | **Start Date** | **Classroom**
---|---|---
Introduction to Professional Development | 3/2, 3/30 | ADM 101A
Microsoft Word: Beyond the Basics | 3/2 | ADM 101A
FLSA—Fair Labor Standards Act | 3/4 | NUC 301
Faculty Screening Committee Training | 3/4 | EDU 203
Advanced Banner Finance | 3/5 | ADM 101A
UCO Travel and Expense Management | 3/5, 3/13, 3/23, 3/31 | ADM 101A
New Employee Training (NET) | 3/9, 3/23 | EDU 110
PCard Hotel Training | 3/10 | ADM 111
Banner Finance | 3/10 | ADM 101A
Gender Matters: Strategies for the Workplace | 3/10 | NUC 201
Purchasing Compliance & Customer Service | 3/10 | ADM 101A
UCONNECT for Employees | 3/11 | ADM 101A
Web Content Management System (WCMS) Advanced | 3/11 | ADM 101A
Web Time Entry & Time Keeper | 3/11, 3/25 | ADM 101A
Intro to Purchasing, Payment Services, & Travel | 3/11, 3/25 | ADM 101A
Social Media & Your Job FY1415 | 3/11 | NUC 314
AED/CPR Training FY1415 | 3/12, 3/25 | WC 104
Professional & Support Staff Screening Committee Training | 3/24 | EDU 203
Cyber Security FY2014/2015 | 3/23 | ADM 101A
PCard | 3/31 | ADM 101A
CELEBRATING CONSECUTIVE YEARS OF SERVICE

YEARS
Michael Fenner 32
Patricia Lesher 18
David Stapleton 16
Phyllis Fry 13
Rosalynn Wade 13
Ann Barnes 13
Jason Cole 11
Carrie Enterline 10
Darren Denham 10
Anthony Tompkins 10
Brenda Knott 10
Mary Huffman 9
Sandra Stewart 8
Teresa Leftwich 8
Johnny Watley 8
Kimberly Powell 7
Wayne Lord 7
Camille Kilbourne 7
Debra Mann 7
Michelle Waggoner 7
Steven Flowers 6
Timothy Tillman 6
June Aduddell 6
Patrick Douglas 6
Lora Motley 6
Miles Bruner 5
Thomas Westendorf 5
Stephanie Mendenhall 5
Barbara Jones 5
Lara Randolph 4
Jesse Warne 4
John Stephens 4
Timothy Felton 4
Valerie Manriquez 3
Jean Longo 3
Morgan Stratton 3
Molly Smith 3
Wesley Snead 2
Michael Garlitz 2
Tao Liu 2
David Johnson 1
William Howerton 1
Cynthia Hendrix 1
Thresa Swadley 1
Carrie Meeks 1
Cassie Murphy 1

Get It Together
MAKE YOUR DISASTER PLAN

Prepare for emergencies with disaster planning.
Your Employee Assistance Program can help with:

- Articles and tip sheets on creating an emergency kit
- Resource links to government agencies and other organizations
- Referrals to community resources for emergency preparation and support
- Stress management information and support

TOLL-FREE:
800-413-8008 (Opt. 2)
WEBSITE:
www.mbh-eap.com
USERNAME:
UCO
PASSWORD:
Mercyeap

Available anytime, any day, your Employee Assistance Program is a free, confidential program to help you balance your work, family, and personal life.
The news of a measles outbreak at a theme park in California is generating a lot of discussion online and in the media. Here is what you need to know to be informed. There are nearly 20 million measles cases around the world every year. But the outbreaks are not as common in the U.S. Outbreaks occur when children and adults are not vaccinated against measles.

According to Dr. Anthony Fauci, Director of the National Institute of Allergy and Infectious Diseases, “The overwhelming number of people who have gotten infected, particularly among the children, are children who have not been vaccinated ... and it’s really unfortunate, because vaccination can prevent all of this. One of the things we do know about measles is that the vaccine that we have is one of the most effective vaccines we have for any viral disease or for any microbe.”

Vaccinations are one of the safest and most effective ways to prevent disease, for both children and adults. And one of the most important vaccines is the MMR vaccine, which protects against measles, mumps and rubella – diseases that can all cause serious complications in adults.

Children begin their immunization shots for measles at 12 months, with the MMR vaccine. Another dose is given between the ages of 4 and 6. People born after 1956 should receive at least one dose of MMR. A second dose may be necessary.

And the importance of vaccines for adults is no small matter. Every year in the U.S., approximately 46,000 adults die of an illness or the complications of an illness that could have been prevented by vaccine. For adults, one or two doses of the MMR vaccine is recommended for ages 18 to 55 if there is no evidence of immunity.

Measles is a very contagious airborne disease that usually begins with flu-like symptoms.

**Symptoms may include:**
- Fever
- Runny nose
- Sore, pink eyes (conjunctivitis)
- Cough
- Feeling ill
- Swollen lymph nodes
- Headache

In most cases, three to four days into the course of the disease, tiny white spots appear on the inside of the mouth. Within another few days, a red rash appears, covering the whole body.

If you do get measles, take special care to avoid other people or public places for about a week after the onset of rash. This will help to prevent an outbreak. Talk to your doctor to learn more about vaccination.

Visit [http://pediatrics.about.com/od/measles/a/measles-outbreaks.htm](http://pediatrics.about.com/od/measles/a/measles-outbreaks.htm) if you would like to see where measles outbreaks are occurring.

*We would like to remind UCO Blue Cross and Blue Shield of Oklahoma (BCBSOK) members that under the Affordable Care Act, BCBSOK covers the vaccination known as MMR (measles, mumps, and rubella) without cost, sharing as a preventive service for non-grandfathered plans when the vaccination is administered by an in-network provider.*
Celebrate National Nutrition Month® by “Biting into a Healthier Lifestyle”. This March focus on consuming fewer calories, making wiser and more informed food choices and participating in daily physical activity. In order to maintain good health and quality of life it is important to focus on regular physical activity and to meet individual nutrition needs. According to the State of the State Health Report Oklahoma County’s minimal fruit consumptions is 49.1% and vegetable consumption is 27.6%. Oklahoma received an ‘F’ for fruit consumption and a ‘D’ for vegetable consumption.

National Nutrition Month will kick off at Central on March 2nd, 2015. National Nutrition Month® is a nutrition education and information campaign from the Academy of Nutrition and Dietetics, the world’s largest organization of food and nutrition professionals. UCO's campaign will encourage students, faculty, and staff to “Bite into a Healthy Lifestyle” and engage in a lifestyle of healthy eating, physical activity, and mindfulness. To help the campus community accomplish this goal toward better health, nutrition programs and activities will be offered throughout the month. Events include:

**Broncho Bites**: Sink your teeth into an array of fresh fruits & vegetables and have some fun with our life size fruit & veggie photo booth!
Thursday March 5. NUC Food Court. 11 am-1 pm.
Tuesday March 10. NUC Food Court. 11 am-1 pm.
Tuesday March 24. NUC Food Court. 11 am-1 pm.

**Campus Cook**: Channel your inner cook and learn how to prepare nutritious meals that fit your lifestyle.
Wednesday March 11. HES Kitchen. 6 pm.
Wednesday March 25. HES Kitchen. 6 pm.
Reservations required. Email ucocampuscook@gmail.com to register.

**Supermarket Smarts**: Take the mystery out of grocery shopping and learn how to shop for the healthiest food in the market.
Wednesday March 11. Walmart Neighborhood Market. 1301 E 2nd St. 2:30 pm.
Wednesday April 8. Walmart Neighborhood Market. 1301 E 2nd St. 2:30 pm.
Reservations required. Email grocerytour@gmail.com to register.

**Hunger Simulations**: 1 in 4 children in Oklahoma are at risk of going to bed hungry. Take part in this interactive activity and understand more about why hunger happens and who the hungry are.
Wednesday March 4. Henry Bellmon Room, NUC. 11:00 am-Noon
Monday March 9. Henry Bellmon Room, NUC 10:00-11:00 am
Thursday March 26. Henry Bellmon Room, NUC 10:00-11:00 am

**OCCHD Family Fun Night**: UCO is proud to be the host for OCCHD’s Family Fun Night—an evening of food, fun and health education for the community.
Thursday March 12
OCCHD NE Campus
2600 NE 63rd St. OKC, OK 73111
5:30-7:30 pm

http://www.fruitsandveggiesmorematters.org/planning-and-shopping-top-10-tips
http://www.cdc.gov/nutrition/everyone/fruitsvegetables/
http://pediasure.com/kid-nutrition/healthy-foods-for-kids
http://www.choosemyplate.gov/