Course Description:

This course examines the psychological aspects of human aging. Focus areas include, psychological theories of aging, psychological research methods in aging field, dementias/psychopathologies of aging, and sensory, motor, and cognitive changes with aging.

Text:


Additional readings will be provided by the instructor.

Course Objectives:

This course is designed to introduce students to psychological aspects of the aging process. Following the course students will be able to:

1. explain major models of mental health in later life;
2. discuss common mental health problems and disorders in later life;
3. describe sensory and motor function changes that are age based;
4. describe the basic aging process;

Transformational Learning Outcomes:

The University of Central Oklahoma is a learning-centered organization committed to transformative education through active engagement in the teaching-learning interchange, scholarly and creative pursuits, leadership, global competency, healthy lifestyles, and service to others. This course addresses six of the university’s transformative learning goals. Students will build discipline knowledge through their interactions with the readings, videos, classroom exercises, instructor, and one another; engage in scholarly and creative pursuits through in-class exercises, written papers, and exams; have the opportunity to build leadership skills through engaging in course projects either inside or outside of class; further global competency through examining aging in other countries; and learn to further healthy lifestyles by discussing topics relevant to healthy aging; and learn about ways to provide service to others by discussing and learning about programs and services for the elderly.
Methods of Instruction:

The basic format of the course will be discussion and lecture. The textbook will be used as a basis for class lectures and discussion. Additional readings, handouts (as needed), video presentations, and guest speakers will be used to elaborate on points raised in our readings and class discussion. Class participation will involve attendance, contributions to discussions, and participation in group activities.

Course Requirements:

Reviews of three Gerontology research articles covering some aspect of the psychology of aging. These reviews will follow a format detailed in a handout you will receive at the beginning of the semester.

Two exams, a mid-term and final, which consist of objective and subjective sections based on content from all class functions, readings and discussions. All students must take the final exam at the prescribed time.

One term paper (8-12 typed pages), due toward the end of the semester. This term paper will cover a topic related to the psychology of aging, which may be developed from the review topics completed during the semester. The format and specific requirements for this term paper will be detailed in a handout you will receive at the beginning of the semester.

One in class individual presentation. This presentation should cover all relevant aspects of an article you reviewed. The length of each presentation will vary. You may use any props, handouts or other materials you deem necessary in the presentation of your project. You must provide the instructor a copy of the presentation outline before the presentation.

In class individual and group activities as assigned throughout the semester.

Attendance:

Attendance and participation are expected and will be evaluated each class period. Both will be considered in the assignment of daily participation points. Attendance and group activity points cannot be earned without attending on the day of the activity. Absences will be evaluated on a case-by-case basis, which will determine the ability of the student to make up work missed. Please conduct yourself in a professional manner at all times, this includes arriving on time and not receiving cell calls during class.

Methods of Evaluation:

200 - Two objective/subjective exams. 33.35%
100 - Three reviews @ 33.33 points each. 16.65%
100 - Attendance, individual, and group activities. 16.65%
50 - Individual Presentation 8.35%
150 - Term paper. 25.00%
600 - Total points possible. 100%

Grade Determination:

Your grade will be based on a 6-point scale, which is dependent upon the total accumulated points for the semester. The point and grade breakdown will be as follows:

564-600 A
527-563 B
490-526 C
Exam and Assignment Dates:

Mid-Term Exam: Tues. March 5th 7:30 p.m.

Final Exam: Tues. May 7th 7:30 p.m. - 9:20 p.m.

Review Assignments Due:
- Article review # 1 due Feb. 12th
- Article review # 2 due March 12th
- Article review # 3 due April 9th

Individual presentation due as arranged.

Term Paper Due: April 30th 7:30 p.m.

TENTATIVE SCHEDULE:

Jan. 28-Feb. 1, Chapter Two pg. 16-32.
Feb. 4-8, Chapter Three pg. 33-52.
Feb. 11-15, Chapter Four pg. 53-73. Article review one due Feb. 12th.
Feb. 18-22, Chapter Five pg. 74-88.
Feb. 25-March 1, Chapter Six pg. 89-109 and mid-term exam review.
March 4-8, Mid-term exam March 5th, 7:30 p.m.
March 11-15, Chapter Seven pg. 110-135. Article review two due March 12th.
March 18-22, No class - SPRING BREAK, offices closed 21-22.
March 25-29, Chapter Eight pg. 136-156
April 1-5, Chapter Nine pg. 157-177.
April 8-12, Chapter Ten pg. 178-198. Article review three due April 9th.
April 15-19, Chapter Eleven pg. 199-222.
April 22-26, Chapter Twelve pg. 223-240.
May 6-10, Final Exam May 7th, 7:30-9:20.
WITHDRAWING FROM ALL CLASSES – FEDERAL AID RECIPIENTS

All federal aid recipients who completely withdraw from school prior to completing at least sixty percent of the semester will have to repay some portion of the federal funds received. UCO will determine the unearned portion of the funds received. This refund policy may require the student and/or the university to immediately pay funds disbursed for the purpose of paying educational cost. The student will be held responsible for any funds the university is required to return on the student's behalf to the federal program. Payment arrangements will be made through the Bursar’s Office only.

EMERGENCY INDIVIDUAL CLASS DROP OR COMPLETE WITHDRAWAL

A student unable to complete a drop or withdrawal by the published deadlines may submit a written petition (with supporting documentation) to Enrollment Services, room 124 in the Nigh University Center. Permission may be granted if proper evidence exists to show that the drop or withdrawal could not be completed during the required time and the instructor confirms the absence. Poor academic performance will not be a consideration. Regardless of the circumstances, withdrawals after the deadline will be reflected on the student’s transcript as “W” if passing or “F” if failing. Drop and withdrawal deadlines are determined by the length of the individual class (generally, 11/16ths of the length of the class). Deadlines for irregular classes meeting less than the full semester are proportional.

IMPORTANT DATES (Spring Semester)

- First Day of Late Enrollment Fee of $40 1/12/13
- Final Examinations 5/6/13 – 5/10/13
- SPRING SEMESTER HOLIDAYS
  - Martin Luther King Holiday (Offices closed) 1/21/13
  - Spring Break (Offices open M-W) 3/18/13-3/22/13

SPRING LIBRARY HOURS

The Max Chambers Library will be open the following hours during the spring semester:
- Monday – Thursday 7:30 a.m. – 2:00 p.m.
- Friday 7:30 a.m. – 6:00 p.m. Spring 2013
WEATHER RELATED INFORMATION

Students, faculty, and staff may call the UCO Closing Line at (405) 974-2002 or check the UCO Home Page at www.uco.edu. You may also check with local media. On occasion, classes have to be canceled or starting times delayed. When daytime classes are canceled or a late starting time is announced, local media are called by 6:30 a.m. If evening classes are canceled, calls to the media are made beginning at 4:00 p.m., in time for the 5 o'clock news.

EMERGENCIES DURING FINALS STATEMENT

If a university emergency occurs that prevents the administration of a final examination, the student’s final course grade will be calculated based on the work in the course completed to that point in time and the faculty member’s considered judgment. Final exams will not be rescheduled, and a grade of “I” will not be given as a result of the missed exam.

FINAL EXAM DAILY LIMITS

A student is not required to take more than two final examinations on the same day. When three or more final examinations are scheduled on the same day, as listed in the official examination schedule, rescheduling of the excess examinations will start with the lowest course (not CRN) number(s). Online courses are excluded.

To reschedule a final examination:
1) the student must petition the appropriate dean(s) using the Petition for Rescheduling Final Exams form which is available from any deans office or online at: http://www.uco.edu/academic-affairs/files/policiesandguidelines/4academicstandards/4.4FinalExamsOFFICIAL.pdf;
2) the petition must be made no later than five calendar days prior to the beginning of exam week for the semester or term in question;
3) the approval will be delivered to the faculty member by the student;
4) dean(s) will send a copy of approved form to AVP/Enrollment Management, (Box 151);
5) the faculty member shall reschedule, with the student, a day and time agreeable to both;
6) the exam must be administered only during the official final examination week;
7) the new exam date must not interfere with the timely submission of grades for the entire class.

HOW TO CONTACT A FACULTY MEMBER

If you have questions regarding your class, speak with your instructor. Faculty usually include their office hours and/or phone number in the class syllabus. If you cannot locate this information, set a time to meet with your instructor by speaking with him/her prior to or immediately following your class session or check with the departmental office on when the instructor may be available.

CLASS ATTENDANCE IS IMPORTANT

Talk with your instructor about any absences. Many instructors consider attendance so essential that your grade may be affected by your absence. SOME DEPARTMENTS AND PROFESSORS HAVE MANDATORY ATTENDANCE POLICIES. Check your course syllabus or ask your instructor for this information.

EXPECTATION OF WORK

Full-time college students are expected to spend approximately 40 hours each week in class attendance and study outside of class. According to Regents’ policy, for each hour in class a student is expected to spend two (2) to three (3) hours studying for the class (OSRHE II-2-34)

WE'RE HERE FOR YOU!

The administration, faculty, and staff want you to be successful in your learning experience here at UCO! If you have questions or concerns, seek help EARLY.

HELPFUL NUMBERS

Admissions Office, 974-3371
Advisement Center, 974-2342
Bookstore, 974-2736
Campus Activities and Events, 974-2363
Career Services, 974-3346
College of Business, 974-2426
College of Education, 974-5701
College of Fine Arts and Design, 974-3770
College of Liberal Arts, 974-5540
College of Mathematics and Science, 974-2461
Commuter Student Services, 974-3655
Counseling Center, 974-2215
Financial Aid Office, 974-3334
Flex Ed, 974-2393
Graduate College, 974-3341
Greek Life, 974-2580
Housing and Dining, 974-2746
International Services, 974-2390
Office of Diversity and Inclusion, 974-3588
Police Services, 974-2345 non-emergency, 9-1-1 emergency
Student Life, 974-2364
Testing Center, 974-2388
Transportation and Parking, 974-2780
Volunteer Service Learning Center, 974-2621

EMERGENCY EVACUATION AND DRILLS:
The purpose of an Emergency Evacuation and Relocation Drill is to educate the participants in the fire safety features, shelter locations, exit routes available, and procedures to be followed in the event of a real emergency. All drills shall be treated as real events. All students will be asked to sign an attendance sheet once you are at the designated relocation point. In the event of Severe Weather: Primary Shelter Location are - Library Basement,
Liberal Arts Basement, Murdaugh Hall Basement, Thatcher Hall Basement, NUC floor north, Howell Hall Suite 118, and Central Plaza Basement. In the event you cannot reach a designated shelter area in a timely and safe manner, it is recommended that you "shelter in place" by moving to the lowest level and smallest room located in the center of the structure. An interior closet or bathroom is generally a good location. Use what you have to shield your hands and face from flying debris. Put as much space between you and exterior walls as possible and stay away from windows. Never take shelter in a hall that opens to the south or the west. Do not leave your shelter in place location until you are sure the danger has passed. A basement is considered the safest location in severe weather and locations on campus with accessible basements are limited. http://administration.uco.edu/documents/dps_tornado/SheltersForWeb2009.pdf

Map of Emergency Shelters on campus:

UCO COPYRIGHT POLICY:
Copyright law information is provided to you per the TEACH Act through the following websites:
- UCO Department of Information Technology web page on Copyright, Intellectual Property Rights and Licensing Issues
- UCO directs students to legal downloading sites.
- UCO POLICY FOR USE OF COPYRIGHTED MATERIALS

Have a great semester!

The University of Central Oklahoma Student Information Sheet and Syllabus Attachment has been developed through a cooperative effort between the Continuous Improvement Team and the Office of Academic Affairs.