UNIVERSITY OF CENTRAL OKLAHOMA
Department of Sociology and Substance Abuse Studies

Spring 2013
SAS 2603, CRN 27983 – Introduction to Substance Abuse Studies
4:30 p.m. – 7:15 p.m. W LAR 124

Syllabus

FACULTY CONTACT INFORMATION
Instructor: Mrs. Linda J. Williams, M.Ed., LADC
Office Hours: Wednesday, 4:00 – 4:30pm *Or by appointment
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The best way to reach me is by e-mail!

The Sociology and Substance Abuse Studies Department secretary is in LA 201.

THE CENTRAL SIX
At the University of Central Oklahoma, we are guided by the mission of helping students learn by providing transformative experiences so that they may become productive, creative, ethical and engaged citizens and leaders contributing to the intellectual, cultural, economic and social advancement of the communities they serve. Transformative learning is a holistic process that places students at the center of their own active and reflective learning experiences. A student’s major field is central to the learning experience and is a vital part of the “Central Six”: Discipline knowledge; Leadership; Problem Solving (research, scholarly and creative activities); Service Learning and Civic Engagement; Global and Cultural Competencies and Health and Wellness.

REQUIRED TEXT:

Richard Fields. Drugs in Perspective, 8th Edition

Handouts will be provided by instructor. Please read and keep these, as I sometimes will use questions for my tests from these handouts. For your convenience, please have a notebook with pockets for your handouts!

COURSE DESCRIPTION:

According to the UCO 2013 catalog, this course is described as follows: As an overall introduction to the field of substance abuse studies. This course covers categories of substance abuse, physiological effects of alcohol and other drugs, the disease concept of addiction, family and social dimensions of substance abuse and the principle therapy and treatment approaches to the disease.
COURSE OBJECTIVES:

When you have successfully completed the course, you will have accomplished the following:

1. Understand the progression of the disease of addiction.
2. Have a firm grasp on how addiction impacts the family.
3. Be familiar with the different types of drugs.
4. Understand aspects of drug use, such as: tolerance, dependence and withdrawal.
5. Become aware of the different legal and ethical impact of drugs on society.
6. Be familiar with various types of chemical dependency treatment modalities.
7. Gain an understanding of AA and NA, and attend a 12-Step meeting.
8. Be familiar with the various co-occurring conditions common with addictions.

PREREQUISITES: NONE

COURSE ORGANIZATION:

The course objectives will be accomplished through the following methods:

1. **Reading:** An outline of the reading schedule is provided in this syllabus. It is important to read the material before class, not only to become aware of the material; but, also be able to participate in class discussions.

2. **Lectures/Handouts:** Lecture material will include the text plus information from various sources outside the text. It will be necessary for you to attend class, so you can acquire additional information that will be included on the exams.

3. **Class Participation:** Participation is an important part of this class and will enhance not only your grade; but, also your learning process. Sharing an opinion is important; however, always be respectful and appropriate.

4. **Response Essays:** Two to three page essays will be assigned in response to certain subjects and speakers. Students MUST attend class to accomplish these. There will be four (4) of these response essays during the semester. If a student misses a class where a speaker has presented, the student MUST see Professor Williams to replace the assignment/response essay. REMEMBER, a personal response is NOT a summary of the information; it is your response to the information presented.

5. **Field Experience:** Each student will complete a field experience. This will be a visit to an open Alcoholics Anonymous (AA) meeting, or other approved open 12-Step meeting. Each student will write a response essay on their perceptions of the 12-Step meeting they attended. Response papers will be written at home and turned in on the day assigned in class.

COURSE SCHEDULE

| Week 1/Jan 16 | Introductions, cover syllabus, discussion Ch.1/Putting Drugs in Perspective |
| Week 2/Jan 23 | Discussion Ch.2/Why Do People Abuse Drugs? Models and Theories of Drug Dependence and Addiction Essay # 1 instructions (personal opinion/perspective) |
**Topic:** Identify your personal biases, experiences, viewpoints, opinions, and perspectives on drug abuse and dependence

**Week 3/Jan 30**

**Essay # 1 Due,** Guest Speaker, Mark Woodward, Legislative Liaison, Oklahoma Bureau of Narcotics, Discussion Ch. 3/Drug Specific Information: Drugs on the Street Where You Live

**Week 4/Feb 6**

Discussion Ch.4/Definitions of Substance Abuse, Dependence and Addiction; screening and assessment; **review for test**

**Week 5/Feb 13**

**TEST # 1, Chapters 1 – 4**
Discussion Ch. 5/Substance Abuse and Family Systems

**Week 6/Feb 20**

Guest Speaker – Loraine Liggins, Senior Supervisory United States Probation Officer, Continued Discussion Ch. 6/Parents and family: at risk factors
**Essay # 2 Instructions** (personal response)

**Week 7/Feb 27**

**Review for test**

**Week 8/Mar 6**

**Essay # 2 Due,** Discussion Ch. 7/Growing up in an alcoholic family system

**Week 9/Mar 13**

**TEST # 2, Chapters 5 – 7**
Discussion Ch. 8/Motivation and change

**Week 10/Mar 20**

**SPRING BREAK- ENJOY AND BE SAFE!!!!!!!!!!!!!!!**

**Week 11/Mar 27**

Discussion Ch. 9/Intervention
**Essay # 3 Instructions** (personal response to intervention)

**Week 12/April 3**

Discussion Ch. 10/Prevention of substance Abuse Problems (**Essay # 3 Due**)

**Week 13/April 10**

Guest Speaker – Edie Nayfa, LPC, LADC, Clinical Director Catalyst Behavioral Services; treatment programs around the State of Oklahoma Discussion Ch. 11/Co-occurring disorders & Ch. 12/Alcohol/Drug Recovery and Relapse Prevention **Attend an AA or other approved 12-Step Meeting**
**Essay # 4 Instructions** (personal response to AA/12-Step Meeting)

**Week 14/April 17**

**Essay # 4 Due,** Discussion/12-Step meeting experience; Movie: “28 Days”
EXAMINATIONS AND GRADING PROCEDURES:

1. There will be three (3) section examinations given during the semester. These exams will consist of approximately 35 – 50 multiple choice, and/or possibly one to three short essay questions. Each exam will be worth 100 points for a total of 300 points for all three examinations.
2. There will be NO final examination.
3. TWO (2) excused absences in writing or e-mail only, NO EXCEPTIONS! After two absences, I will dock final grade 5 points for each absence. Only major illness or other family catastrophe will be reviewed separately.
4. Attendance and participation in class and activities are essential. There will be activities both in and outside of class.
5. There will be a required opportunity for gaining field experience in this course. Each student will attend on open AA or other approved 12-Step meeting. Each student will write a response essay to three of our guest speakers and on their attendance experience at an AA or other approved 12-Step meeting. More information will be given on these response essays in class. Plan ahead to ensure these activities are accomplished on time by looking at your syllabus. NO PAPERS WILL BE ACCEPTED VIA E-MAIL! NO EXCEPTIONS! These will be turned in to class on the assigned date.
6. Final grades will be determined in the following manner:

   Exams (3) @ 100 points each = 300 possible points (50%)

   Four (4) essays @ 75 points each = 300 possible points (50%)

   TOTAL = 600 possible points (100%)

7. Standard grading scale will apply for all grades as follows:

   90-100 = A
   80-89  = B
   70-79  = C
   60-69  = D
   59 and below = F

EXTRA CREDIT – I will discuss this on an individual basis
ATTENDANCE:

Attendance is quite important. I will call roll at the beginning of every class. If you come in late, you are responsible to check at the end of class to make sure you are checked-in. If you have to leave class after break, or you come to class after break, it will be counted as an absence. A student can have up to two (2) absences before points are taken off the final grade. 5 points for each missed class (after 2 absences) will be deducted from final grade, **NO EXCEPTIONS!** The attendance issue for the day is closed once I leave the classroom. I will discuss in class any other information pertinent to absences.

ACCOMMODATIONS:

The University of Central Oklahoma complies with Section 504 of the Rehabilitation Act of 1973 and the American with Disabilities Act of 1990. Students with disabilities who need special accommodations must make their requests by contacting Disability Support Services at (405) 972-2549. The DSS office is located in the Nigh University Center, Room 309. Students should also notify the instructor of special accommodation needs by the end of the first week of class.

PHONES & PAGERS:

Please turn off all cell phones and pagers when you enter the classroom. Both forms of technology can be annoying and disruptive to the class (this includes text messaging).

CHILD CARE:

At times it is quite difficult to find child care and it is never-the-less inappropriate to bring children to class. If this matter does arise, please seek classroom notes from another student.