ADVANCED COUNSELING SKILLS IN SUBSTANCE ABUSE
Department of Sociology, Gerontology, and Substance Abuse Studies
University of Central Oklahoma
Spring 2013 SYLLABUS

COURSE NUMBER:   SAS 4333  CRN 27988
Class Time/Day/Room:  11:00-11:50am MWF    LA 138

Art Christie, MA, LADC, LPC    Office Hours:*
Office:  LA 201A     MF 9:30; TR 11:00.

Phone: 974-5547, FAX: 974-3871
E-mail: achristie@uco.edu    *or by appointment.

TEXTS:*

Approaches to drug abuse counseling. National Institute on Drug Abuse (NIDA), July 2000. (NIH Publication No. 00-4151)

*These texts will be supplied by the instructor.

COURSE DESCRIPTION: This course examines advanced substance abuse counseling in detail. Socio-psychological issues involved in working with the chemically dependent person such as assessment, treatment goals, and when/how to intervene in the dysfunctional personal/social world of this person will be addressed. The course will include demonstrations and role playing of techniques of advanced counseling skills.

PREREQUISITES: SAS 3023 (Counseling Skills in Substance Abuse)
COURSE OBJECTIVES:

I. Enable the student to comprehend and describe a multidisciplinary approach to advanced substance abuse counseling.
II. Enable the student to demonstrate the skills associated with such a multidisciplinary approach.
III. Assist the student in establishing and articulating a personal philosophy of counseling.
IV. Provide practical experience of advanced counseling practice within the constraints of the classroom setting.

ABOUT THE COURSE: This course will integrate all previous course work by applying the knowledge to a practical exercise in counseling. Each student will develop a case history for a substance dependent client and family. The student will then play the role of client, counselor and family members in a videotaped session. The tape will be reviewed by the class with critical/affirmative feedback. Suggestions for alternative techniques and future improvements will be provided by instructor and contemporaries. Reading and exercises will be assigned to support the practical application of advanced counseling techniques.

COURSE OUTLINE: Topic and Readings/Activity Assignments. (Note: schedule may change to accommodate guest speakers or other issues). Classes begin on Jan. 14, 2013. (Martin Luther King Day Jan 21)

Week      (Date)    Topic and Assignments.
Week 1   (1/14-19) Course Overview, Intro to the “Principles of Drug Addiction Treatment” and “Approaches to Drug Abuse Counseling”.
Week 2 Role Play; client history/scenario development.
Week 3 Basic models of addiction counseling. (Text 1 pp.139-148).
Week 4 Practice for counseling sessions. Feb 8 Exam #1.
Week 5-6 (Feb 11-22) DVD taping. Sign up for each period. (3 persons).

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<tr>
<th>Date</th>
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<tr>
<td>Feb 11</td>
<td>Exam results</td>
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<td>Feb 13</td>
<td>DVD review (D.R.)</td>
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Week 7 (2/25) ASAM Criteria (Level of Care) (Duration of Care)

Weeks 8-9 (3/4) Review of assessment tools. (Including Substance Abuse and Depression/Dissociation). **Notebook feedback available.**

Week 10 (3/18) Spring Break

Week 11 (3/25) Ethics and Ethnicity issues in counseling.

Week 12 (4/1) Advanced Techniques, EMDR, Hypnotherapy, Guest Lecturer, Student presentations. **All Papers Due Apr 5**

Week 13 (4/8) Twelve Step Facilitation, Principles of drug addiction Treatment, Student presentations.

Week 14 (4/15) Suicide Prevention, Student presentations. **Student Notebooks will be turned in on April 19th.**

Week 15 (4/22) Intervention, Guided Imagery, Student presentations.

Week 16 (4/29) Approaches to and Principles of Addiction Treatment. May 3, **Exam #2**
COURSE GRADE: The student’s course grade will be determined by the following:

Exam # one 100 points (10%)
Exam # two 100 points (10%)
DVD 100 points (10%)
Paper 100 points (10%)
Notebooks (Response papers) 100 points (10%)
Class Participation 500 points (50%) (Attendance essential)

Total 1000 points

Examinations: The exams will consist of 10-20 multiple choice and/or matching questions over major concepts and 1-3 essay questions. Exam #2 will not be comprehensive.

DVD: Each student will role play each part in a family counseling session. The DVDs will be reviewed by the class for suggestions, affirmations and critiques. DVD discs will be provided and will be retained by the instructor.

Notebook: Students will keep an individual notebook focusing on current issues in the Substance Abuse field. News articles will be included from newspapers, internet and any other source. Special focus will be placed on legislation and news of treatment and prevention outcomes. A weekly input is expected. Response papers from each guest speaker and special event as designated by the instructor will be included. These will be shared in class during discussion of student Papers.

Paper: Each student will write a traditional paper (5-6 pages in length) on some aspect of counseling skills as applied to substance abuse clients. Each student will lead a discussion (10-15 minutes) on their subject. Subjects will be pre-approved by the instructor. (Papers due Mar 30)
In-class response papers: Two-four papers will be assigned in response to guest lectures and specific areas of emphasis. These will be one handwritten page in length, handed in for grading and returned to be included in student notebooks.

Attendance: Participation comprises the single most important (50%) component of the final grade. Each absence deprives the student of the possibility of 11 of the 500 possible points. There are no excused absences.

Academic Integrity: Academic integrity and honesty are required. Students are to conduct themselves in a professional, ethical manner in all activities. The UCO student Code of Conduct provides the basic guidelines.

Grade scale:

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TRANSFORMATIVE LEARNING OBJECTIVES ("CENTRAL SIX")

Transformative learning objectives (the "Central Six") have been identified as: Discipline Knowledge; Leadership; Problem Solving (Research, Scholarly and Creative Activities); Service Learning and Civic Engagement; Global and Cultural Competencies; and Health and Wellness. This course addresses all six of these learning goals in various "hands on" activities and coursework throughout the semester.