THE ABUSED
Department of Sociology and Substance Abuse Studies
Spring, 2013
Monday 7:30 – 10:15
Room LA #130
Undergraduate SOC 4463-0
CRN 28075
Graduate SOC 5463-0
CRN 28093

G. Pace, LADC, LPC, B.C.E.T.S. EMDR Trained Clinician
Masters in Counseling Psychology
Licensed Alcohol and Drug Counselor
Licensed Professional Counselor
Board Certified Expert in Traumatic Stress
Diplomate, American Academy of Experts in Traumatic Stress
Listed in the International Registry of The American Academy of Experts in Traumatic Stress
Certified Grief Specialist

Off Campus Phone: 525-9426 (MOST RELIABLE …call ANYTIME)
Cell Phone: Off campus phone is forwarded to cell.
(phone is NOT available for texting)
Campus Phone: Department secretary (Evelyn) 974-5520
Fax Number: 405-528-0707
E-Mail: gdpace@aol.com (Re: Student)
gpace@uco.edu
Office Hours: By appointment.
School Closing: 974-2002

Text:
Tower, Cynthia
**COURSE DESCRIPTION:** The Abused is a course that equips students preparing for work in the helping professions to identify symptoms of abuse, and other forms of trauma, and to design and carry out treatment plans specifically developed to ameliorate resultant maladaptive behavior patterns. Matters of etiology, symptomology, and treatment techniques are examined with particular emphasis on research and theory. Prerequisite(s): ENG 1113, 1213 and junior or senior standing. Enrollment open to Sociology majors and Family Life Education - Marriage and Family majors only.

**COURSE OBJECTIVES:** The primary goal of this course is to assist the student in deepening their understanding and compassion for the abused/traumatized client. An emphasis will be placed on defining abuse/trauma and some of the aftereffects of incomplete resolution. Also, the therapeutic relationship will be highlighted as the most important dynamic for developing the treatment frame.

When you have successfully completed this course you will:
1. have the facts and philosophies regarding the history of abuse/trauma and how trauma history impacts treatment today.
2. have a full understanding for the categories of maltreatment.
3. become aware of how childhood maltreatment continues to impact the victim and society decades after the original event.
4. have the ability to define and recognize different types of trauma.
5. have a basic understanding for the neurobiology of trauma.
6. have a broad understanding for post traumatic stress disorder.
7. develop a tolerant/compassionate stance for the maltreated.

**COURSE ORGANIZATION:** Course objectives may be achieved through the use of five methods. First by reading and studying the text, second taking notes and participating in class discussions, third through the use of occasional audio or video presentations and guest speakers, etc., fourth class attendance and fifth research assignment.

**TRANSFORMATIVE LEARNING:** The University of Central Oklahoma is a learning centered organization committed to transformative education through active engagement in the teaching-learning interchange, scholarly and creative pursuits, leadership, global competency, healthy lifestyles, and service to others. This course addresses 3 of the university’s transformative learning goals.
Discipline Knowledge by establishing a foundation of knowledge integral to assisting the maltreated population, Problem Solving (Research and Scholarly Activities) by examining, organizing, discussing and writing about sociological and psychological issues effecting the abused and Global and Cultural Competencies by examining the different impacts of abuse on diverse cultures.

**READING:** Students will be informed prior to examinations the text chapters for which they will be responsible. If a student does not understand or is confused about text material it is the responsibility of the student to request clarification before examinations.

**LECTURE:** Lecture material will reflect the symptomatology outlined in text but will not necessarily parallel text or attend to each issue as presented in text. The majority of lectures are based on information from other sources. Both the text and lectures are important for understanding the subject matter in this course. I strongly encourage you to attend class, take notes and read the text outside of class. About one-half of examination questions will be taken from text and about one-half from lecture and or other presentations.

**EXAMINATIONS:** There will be three exams (including the final) during the semester. Each exam will cover readings, lectures, handouts, guest speaker presentations and/or video materials. Exams will be administered the first hour of class. These examinations will value 50 points each and will be multiple choice/essay. Students are required to bring a small green scantron answer sheet and a #2 pencil on the exam day. If one person has finished the exam and left the room, no one else can begin that exam. Any student who arrives after this point will be counted as absent and will be required to take a makeup.

**MAKEUP EXAMS:** Department secretaries no longer administer examinations, which mean scheduling a makeup exam is problematic. Therefore, I strongly suggest you make every effort to take an exam at the scheduled time. Permission to take a makeup must be given by the professor. Acceptable excuses for missing an exam would include illness, unavoidable circumstances, or an administrative excuse. The first makeup per class per semester for each student will be without penalty. Subsequent
makeups will be penalized 10% per exam. Each exam for which I do not have a score will result in a zero grade. Students with exceptional circumstances and administratively excused absences will never be penalized. All makeup examinations will be administered the last day of class.

**EXAMINATION SCHEDULE**

<table>
<thead>
<tr>
<th>Date</th>
<th>Chapters</th>
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<tbody>
<tr>
<td>February 19</td>
<td>One through Six</td>
</tr>
<tr>
<td>April 02</td>
<td>Seven through Ten</td>
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<tr>
<td>May 07 @7:30</td>
<td>Thirteen, Fourteen, Seventeen, and Eighteen</td>
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<table>
<thead>
<tr>
<th>Undergraduate Grading Scale</th>
<th>Graduate Grading Scale</th>
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<tbody>
<tr>
<td>A = 45 – 50</td>
<td>A = 47 - 50</td>
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<tr>
<td>B = 40 – 44</td>
<td>B = 42 - 46</td>
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<tr>
<td>C = 35 – 39</td>
<td>C = 37 - 41</td>
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<td>D = 30 – 34</td>
<td>D = 32 – 36</td>
</tr>
<tr>
<td>F = Below 30</td>
<td>F = Below 32</td>
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The total number of possible points for this class is 200; 50 points for each exam and 50 points for the research paper (see attached).

**ATTENDANCE:** Class will begin on time. Anyone who arrives later than 10 minutes after class has started will be marked absent for the first half of class. Failure to return after break will result in an absence for the remainder of the class. Any student who has more than two unexcused absences will not benefit from the class curve.

Do not call your professor about missed notes. I suggest students exchange phone numbers so that they might assist each other in sharing class notes in the event of an absence.

**CLASS POLICIES:** Please turn off cell phones and put them in your pocket, purse, or briefcase. Using your phone for any purpose may be disruptive to class and will not be tolerated. In the event special circumstances may require immediate attention, ask for permission to place
your phone on vibrate. If you have permission to have your phone on vibrate, please leave the room if a call or text needs immediate attention. In the event a student is observed using his or her phone during class I will ask the student to leave.

Students may use their computers to take notes. However, using your computer for any other purpose, during class, other than note taking is not appropriate behavior.

I will respectfully sit down with any student to discuss any and all complaints regarding text, class content, construction of reviews and/or tests or my teaching methods. I will not respond to any grievance placed in an e-mail. The conversation needs to be in person.

Please treat each other with dignity and respect. I encourage class discussion, however, over talking, talking loudly or frequent whispering to other students, repetitive lateness, excessive exits, note passing, etc. is not acceptable behavior.

A suggestion…I can not stress strongly enough for those of you who were maltreated as children and whose childhood pain may be “triggered” by the information presented in this class, that you become involved in a safe, loving, supportive network of caring, nurturing people. Though this environment does not provide the necessary safety for therapeutic healing, it is my hope this course will enable you to learn more about what was done to you so that you might gain more control over your life.

Due to the adult content of this course children are not permitted to visit this class.

**SPECIAL ACCOMMODATIONS:** The University of Central Oklahoma complies with Section 504 of the Rehabilitation Act of 1973 and the American Disabilities Act of 1990. Students with disabilities who need special accommodations must make their requests by contacting the coordinator of Disability Support Services, at 972-2549. The office is located in the Nigh University Center, Room 415. Students should also notify the instructor of the need for special accommodations by the end of the first week.

The Official Policy of Academic Affairs on a number of important issues can be found at [http://www.uco.edu/academic-affairs/files/aa-forms/faculty/StudentinfoSheet.pdf](http://www.uco.edu/academic-affairs/files/aa-forms/faculty/StudentinfoSheet.pdf). Scroll to the link that says “student information sheet.” Carefully read the official policy at your earliest convenience.
RESEARCH ASSIGNMENT

Format:

- Conform to APA format
- 1” margin (top, right, left, and bottom)
- Double space
- Number the pages
- 12 pt. New Times Roman
- Title page
- Eight (8) pages for undergraduates and ten (10) pages for graduates (title page and reference page is not included in total page count)
- Alphabetized Reference Page.
- Eight (8) sources are required for undergraduates and ten (10) sources for graduates. Sources must be dated no earlier than 2000 and must be referenced according to the version of the APA format. Sources are to be from professional journal articles, no more than two books (text is not included) and no Internet sources (unless approved by your instructor). Do not take any material from popular magazines void of scholarly content –e.g., Glamour, Cosmopolitan, Family circle, Psychology Today, Wikipedia, etc. Quotes from this instructor are very flattering; however they are not acceptable as a resource.
- The topic for examination needs to relate to issues concerning abuse/trauma. When the submission is
investigating a psychological/mental disorder or specific symptom related to maltreatment, treatment options must be incorporated into your proposal. Also, in stating your research conclusions, students are encouraged to offer any informed opinion regarding the selected topic.

- This course will examine Post Traumatic Stress Disorder (PTSD) in depth. Therefore, PTSD is not an acceptable topic for inquiry. However, a paper discussing the neurobiology of PTSD and/or investigating treatment modalities is acceptable.

- Papers are due December 4, 2012; research will not be accepted after this date. Students are advised to retain a copy of their work.

- Your paper is valued at fifty (50) points. The majority of the evaluation will relate to your coverage of the topic (75%). Grammar, writing style, and format will constitute roughly 25% of the evaluation.
# OUTLINE FOR THE ABUSED

<table>
<thead>
<tr>
<th>Class</th>
<th>Date</th>
<th>Topic</th>
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</thead>
<tbody>
<tr>
<td>One</td>
<td>January 15</td>
<td>Introduction</td>
</tr>
<tr>
<td>Two</td>
<td>January 22</td>
<td>History of Trauma</td>
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<tr>
<td>Three</td>
<td>January 29</td>
<td>Abuse/Trauma Defined</td>
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<tr>
<td>Four</td>
<td>February 05</td>
<td>Levels of Victimization</td>
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<tr>
<td>Five</td>
<td>February 12</td>
<td>Levels of Victimization</td>
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<tr>
<td>Six</td>
<td>February 19</td>
<td>Examination</td>
</tr>
<tr>
<td>Seven</td>
<td>February 26</td>
<td>Film: <em>The Core Concepts</em></td>
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<tr>
<td>Eight</td>
<td>March 05</td>
<td>The Amazing Brain</td>
</tr>
<tr>
<td>Nine</td>
<td>March 12</td>
<td>The Amazing Brain</td>
</tr>
<tr>
<td>Ten</td>
<td>March 19</td>
<td>Spring Break</td>
</tr>
<tr>
<td>Eleven</td>
<td>March 26</td>
<td>PTSD</td>
</tr>
<tr>
<td>Twelve</td>
<td>April 02</td>
<td>Examination</td>
</tr>
<tr>
<td>Thirteen</td>
<td>April 09</td>
<td>Dissociation/Memory</td>
</tr>
<tr>
<td>Fourteen</td>
<td>April 16</td>
<td>Dissociation/Memory</td>
</tr>
<tr>
<td>Fifteen</td>
<td>April 23</td>
<td>Self-Injury</td>
</tr>
<tr>
<td>Sixteen</td>
<td>April 30</td>
<td>Self-Injury</td>
</tr>
<tr>
<td>Seventeen</td>
<td>May 07</td>
<td>Final Exam</td>
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<tr>
<td></td>
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<td>Papers Due</td>
</tr>
</tbody>
</table>

**SUBJECT MATTER AND EXAMINATION DATES ARE SUBJECT TO CHANGE**

**About the Instructor:** Along with teaching Counseling The Abused graduate course at this campus, my work includes a full-time private practice in Oklahoma City and Monkey Island, Oklahoma, Executive Director and women’s therapist for H.A.V.E.N. (Help All Violence End Now).