What it means to be Greek

Becoming a member of a sorority means more than wearing Greek letters on a T-shirt. It means connecting to women who share your values and goals. It means being a part of a group that challenges you to become the best version of yourself. It means a network of extraordinary support in college and for the rest of your life. Those letters quickly become a symbol of your values and ideals … letters you wear on your heart.

Service is a huge part of being Greek. Last fall alone, UCO’s fraternity and sorority community contributed 6,410 hours of community service and collected more than $22,300 to support their philanthropies and local community organizations.

Scholarship is another important value to our chapters. The all-sorority average GPA in fall 2015 was 3.17 – that’s higher than UCO’s all-women GPA of 2.92 for the same semester. Your Greek experience also offers opportunities to develop as a leader and connect with other campus involvement opportunities.

Surrounded by sisters, you can make the most of your Central experience!
We are so excited you’re considering Greek Life here at Central! I am honored to say as Panhellenic President I represent five outstanding chapters on our campus: Alpha Delta Pi, Alpha Gamma Delta, Alpha Xi Delta, Delta Zeta, and Sigma Kappa. Going Greek was definitely the best decision I have made so far at UCO. It has helped me step out of my comfort zone and pushed me to be a better woman in many ways. I have bettered myself in the areas of scholarship, leadership, and service, all while making friendships that will last a lifetime. Sorority women here on our campus are very proud that we hold ourselves to a higher standard.

With amazing sisters by your side, you can’t go wrong being Greek at Central!

Blake Hubbard
Panhellenic President

Mission Statement
The Office of Fraternity and Sorority Life will create a community that enhances the members’ experience by empowering our organizations to uphold the values of unity, leadership, scholarship, service, and building of relationships.

Contact Info:
UCO Panhellenic Information
100 N. University Dr., Box 322
Edmond, OK 73034
405-974-2580
panhellenic@uco.edu

Visit the Office of Fraternity and Sorority Life in the Nigh University Center Room 422 or visit our website at www.uco.edu/fsl.
The Adelphian Society was founded on May 15, 1851 at Wesleyan Female College in Macon, Georgia. This society was the first secret society for women which led to the creation of the phrase, “first, finest, forever.” Later our name was changed to Alpha Delta Pi, and became known as a Panhellenic sorority. Our international organization consists of over 155 active chapters across both the United States and Canada. Our motto, “We Live for Each Other,” exemplifies the true meaning of fraternity. By living this motto, our lives are enriched by true friendships and by unselfish service to mankind.

The Theta Xi Chapter of Alpha Delta Pi was founded in 2012 at the University of Central Oklahoma. As a chapter we are dedicated to the values of scholarship, leadership (self), sisterhood, and service and strive to implement such principles into our daily lives as Alpha Delta Pi women. In our short tenure, we have hosted various philanthropy events such as ADPicnic, Mallard Ball, and Just for Kicks, in which all proceeds were donated to our national philanthropy, Ronald McDonald House Charities.
Alpha Gamma Delta was founded by 11 women on May 30, 1904 at Syracuse University. Our sorority focuses on academic excellence, philanthropic giving, ongoing leadership, personal development, and, above all, a spirit of loving sisterhood. There are currently 185 collegiate chapters across North America. Guided by our Purpose, Alpha Gams strive to attain a higher standard, thereby improving their lives, the lives of those around them and the communities in which they live. Together, we continually work to inspire women to impact the world.

Alpha Gamma Delta has been at the University of Central Oklahoma for more than 50 years. We maintain strong campus involvement and a deep-rooted sisterhood. Alpha Gams also strive to maintain excellent scholarship, educate the UCO community about our philanthropy, raise outstanding funds each year and watch our sisters flourish while obtaining prominent leadership roles on campus.

Chapter: Epsilon Nu

Philanthropy: Alpha Gamma Delta Foundation, benefiting diabetes research, scholarships, and leadership opportunities for members; and The Leadership Institute

Dues: New Member: $235 one-time fee
Member Dues: $204 per month
Facility Rent: N/A
No live-in requirement

Academic Requirement: Min. 2.5 GPA

Mascot: Squirrel

Colors: Red, Buff and Green

Core Values: Sisterhood, Service, Scholarship, Purpose, Leadership, Wellness

Social Media:
- Instagram: @alphagamuco
- Twitter: @UCOAlphaGam
- Facebook: Alpha Gamma Delta – Epsilon Nu, UCO
Alpha Xi Delta members work to, “Realize Your Potential,” helping our members do that everyday. Leadership, Knowledge, Sisterhood and Service are Alpha Xi Delta’s four founding principles. Our sisters help each other to be the best we can. We are proud of our members and our variety of personalities. We are all so different, yet we all joined this chapter for the same reasons — to create the best sisterhood and to be there for each other.

Alpha Xi’s philanthropy is Autism Speaks. This is the heart and soul of Alpha Xi. Some of the events we host are Dance Your Boots Off, Football Frenxi, Light It Up Blue and the Autism Awareness Walk. Not only are these events super fun to host, but we raise awareness for a cause that we love so much.
Delta Zeta Sorority is a premiere women’s organization – it starts with true friendship, revolves around shared values, and lasts a lifetime. From our founding at Miami University in 1902, Delta Zeta ideals have been incorporated by a common purpose. To our members, it is the promise of friendship, personal development and opportunity. To the campus community and the world, it is to be valued citizens who are committed to making a difference where we live. With more than 165 chapters nationwide and nearly 275,000 initiated members, Delta Zeta sisterhood is an ever-growing bond that shines so brightly at the University of Central Oklahoma.

Delta Zeta’s history at UCO is rich and vibrant. From being the first sorority founded on campus, to being recognized by our campus peers, we are proud Bronchos! We strive to maintain academic excellence, develop our sisters to be outstanding leaders on campus, and actively support our national philanthropy, Speech and Hearing, and our national service project, The Painted Turtle Camp.

**DELTA ZETA**

**Chapter:** Epsilon Upsilon

**Philanthropy:** Speech and Hearing (Gallaudet University, The Starkey Hearing Foundation)

**Dues:** New Member: $243 one-time fee  
Member Dues: $180 per month  
Facility Rent: $605 per month  
Live-in requirement

**Academic Requirement:**  
Min. 2.70 GPA

**Mascot:** Turtle

**Colors:** Rose and Green

**Core Values:** Friendship, Service, and Scholarship

**Social Media:**

- [Instagram](#): @UCODeltaZeta  
- [Twitter](#): @ucodeltazeta  
- [Facebook](#): Delta Zeta Sorority – Epsilon Upsilon Chapter

[www.uco.edu/fsl](http://www.uco.edu/fsl)
Chapter: Delta Chi

Philanthropy: Alzheimer’s Disease Research, Inherit the Earth, Gerontology and Maine Seacoast Mission

Dues: New Member: $255 one-time fee
Member Dues: $179 per month
Facility Rent: $473 per month
No live in requirement

Academic Requirement:
Min. HS GPA 3.0; college transfer 2.5

Mascot: Dove and Heart
Colors: Lavender and Maroon
Core Values: Personal Growth, Friendship, Loyalty, and Service

Social Media:
Instagram: @ucosigmakapa
Twitter: @UCOSigmaKappa
Facebook: UCO Sigma Kappa

The purpose of Sigma Kappa Sorority is to provide women lifelong opportunities and support for social, intellectual and spiritual development by bringing women together to positively impact our communities. There are more than 100 collegiate chapters in the United States with more than 147,500 members and alumnae. The women of Sigma Kappa Sorority hold a special connection through our shared values of personal growth, friendship, loyalty and service.

Sigma Kappa has been an active chapter on UCO’s campus for more than 50 years. Our lifelong friendships help mold us into the women we are today by setting ourselves to a higher standard in the name of Sigma Kappa sorority. Sigma Kappa’s loyalty to each other and our communities challenge us to grow as women and leaders in the local community as well as the global community. We proudly partner with the OKC Walk to End Alzheimer’s every year, where nearly $12,000 was raised last year, ranking our Delta Chi sisterhood as one of the top five contributors.
Recruitment 2016

The online recruitment registration form is available at www.uco.edu/fsl. Registration will close at 11:50 p.m. on Wednesday, Aug. 24.

Registration Fee
$35 before June 30
$40 before July 31
$45 between Aug. 1-24
All registration fees are non-refundable.

Submit your official transcript to:
Office of Fraternity and Sorority Life
University of Central Oklahoma
100 N. University Dr., Box 112
Edmond, OK 73034
Fax:(405)974-3810
*Can be mailed, hand-delivered, or faxed

Note — You are not officially registered until your transcript(s) and registration are received.

Orientation – Friday, Aug. 26
The Panhellenic Executive Board and the Rho Gammas – your recruitment counselors – will be there to help explain the recruitment process and answer any questions you may have. You will also get the chance to meet women who will go through recruitment with you.

What to wear: Casual; Come as you are.

Open Day – Saturday, Aug. 27
On Open Day, you will visit each chapter. It is exciting and busy, but also a great opportunity to learn more about each chapter and meet the wonderful women who make up the Panhellenic community at Central.

What to wear: The official recruitment shirt provided by UCO Panhellenic Council; comfortable, casual clothing and shoes.

Values Day – Sunday, Aug. 28
This is the day of recruitment when you will get to learn more about the values each chapter holds dear. Chapters will tell you about their philanthropies, campus involvement, and community service projects. They may show a video or do a craft to help tell their story. Start to think about your own values and the connections you are building with chapter members as you get a sense of where your home may be. You will return to a maximum of four chapters this day.

What to wear: Comfortable, casual clothing and shoes.

It’s important to show your personality and style.

Preference Night – Monday, Aug. 29
Preference Night is the time when chapter members share what truly makes their sisterhood unique so you can see if that sisterhood may be special to you as a new member. Chapters may share some ritual, a song, or other tradition with you. Conversations will be on a deeper level. It’s your time to ask questions to help you determine which chapter is the right home for you. You will return to a maximum of two chapters this day.

What to wear: Professional, church, or cocktail attire; This is the most formal night of the recruitment process.

Bid Day – Tuesday, Aug. 30
Bid Day is when you will receive an invitation to membership – or a “bid” – to your new sorority! Each chapter plans a special surprise with their new sisters to welcome them home. You also will wear your new letters for the first time. Parents and families are invited to participate Bid Day.

What to wear: UCO gear; comfortable, casual clothing and shoes.
In compliance with Title VI and Title VII of The Civil Rights Act of 1964, Executive Order 11246 as amended, Title IX of The Education Amendments of 1972, Sections 503 and 504 of The Rehabilitation Act of 1973, the Americans with Disabilities Act of 1990, The Family and Medical Leave Act of 1993, The Civil Rights Act of 1991, and other Federal Laws and Regulations, the University of Central Oklahoma does not discriminate on the basis of race, color, national origin, sex, age, religion, handicap, disability, status as a veteran in any of its policies, practices or procedures; this includes but is not limited to admissions, employment, financial aid, and educational services. This publication, printed by RK Black, Edmond, OK is issued by the University of Central Oklahoma as authorized by Title 70 OS 1981, Section 3903. 500 copies have been prepared or distributed at a cost of $1489.00 4/2016

FREQUENTLY ASKED QUESTIONS

Q: If I go through Recruitment, am I obligated to join a sorority?
A: No, you are not obligated. Recruitment is an opportunity to see if Greek Life is the best fit for your college career.

Q: If I am an upperclassmen, should I even consider going through Recruitment?
A: We absolutely encourage you to go through Recruitment! We have seen many upperclassmen successfully go through recruitment.

Q: What does my registration fee fund?
A: Your registration fee provides your Open Day t-shirt, snacks, and transportation throughout Recruitment week.

Q: If I am a legacy, is there anything I should know?
A: A potential new member is a legacy to an organization if their sister, mother, grandmother, and sometimes cousin or aunt, are a member of that organization (the sister, mother, grandmother, aunt did not have to join the UCO chapter for a women to be considered a legacy to the organization). Each chapter handles their legacies differently. Legacies are not obligated to join that particular sorority and like-wise chapters are not required to extend a bid to a legacy.

Q: What if I already know what chapter I want to be in?
A: We still encourage you to go through the Formal Recruitment process as your mind could possibly change. Remember to keep an open mind because you never know with whom you might meet and connect.

RECOMMENDATION LETTERS

• Recommendation letters are completed by sorority alumnae on behalf of a potential new member.

• Each international organization has a form on which the recommendation is to be completed. These forms are located on the websites for each organization.

Are recommendation letters required:
• No, if a chapter requires a recommendation letter for a woman to join the organization, they will get a recommendation letter for the woman from alumnae. Some women going through the recruitment process do know alumnae and ask them to write letters. This is optional and your recruitment process will not be negatively impacted by not providing recommendation letters yourself.

Steps to getting a recommendation letter, if you choose to do so:

1. Ask women you know attended college if they are a sorority member. If they are ask them for a recommendation letter.
Don’t panic if you can’t find a recommendation for each chapter. Many women receive bids after going through the recruitment process without any recommendation letters.

2. If you know women who are current members of a sorority at University of Central Oklahoma, ask them if they will write you a recommendation.

3. Provide your recommenders with a resume, photo, transcript(s), and a stamped, pre-addressed envelope or to submit online via their individual sorority’s process.
Recommendation letters may be sent directly to chapter houses. The Fraternity and Sorority Life Office does not accept recommendation letters for any sorority.

4. Thank your recommender!
RECRUITMENT TERMS

ACTIVE: The term used to indicate a sorority woman or a fraternity man who has been formally initiated by his or her chapter.

ALUMNA - ALUMNAE (PLURAL): An initiated sorority member who is no longer in college.

BID: An invitation extended by only one sorority per potential new member on Bid Day; this is the formal invitation to become a new member of that sorority.

CHAPTER: The women comprising each local collegiate group of a national sorority. UCO has five sorority chapters on campus that participate in recruitment.

INITIATION: The formal ceremonies by which new members complete membership into a chapter and receive full membership privileges.

LEGACY: A woman whose mother, sister or, in some cases, grandmother or half-sister is an alumna or active member of a sorority. A sorority is not obligated to offer a bid to a legacy, and a potential new member is completely free to choose the sorority of her individual preference.

NEW MEMBER: A potential member who has accepted the bid of a sorority and has taken the first step toward full membership but has not yet been initiated.

PANHELLENIC COUNCIL: An organization composed of representatives of each sorority chapter who act as the central governing body of all sororities.

POTENTIAL NEW MEMBER (PNM): An unaffiliated woman who attends fall recruitment or participates in Continuous Open Recruitment.

RECRUITMENT COUNSELOR (Rho Gamma): A Panhellenic representative who assists PNMs during the recruitment process. This woman completely disaffiliates from her sorority to provide objective advice and support.

SORORITY (WOMEN’S FRATERNITY): A sorority is a social experience based on the fundamental right of a free people to form voluntary associations. It is one of the enrichments of college life.

TOTAL: The allowable chapter size as determined by the Panhellenic Council and includes both new and active members. Chapter total is the total number of members a chapter may recruit to during Continuous Open Recruitment (COR). If a chapter has less than total, they may participate in COR. The Panhellenic Council evaluates this number each year. It usually reflects average or median chapter size.